

## THE SWING

### LS E-8

Formation: Groups of three forming a circle around the room. Two children facing join hands to form a swing; the third, facing LOD, pushes the swing, placing his hands on the wrists nearest him.

### SONG

How do you like to go up in a swing,  
Up in the air so blue?  
Oh, I do think it's the pleasantest thing  
Ever a child can do!

### DANCE

All balance forward (LOD) and back (RLOD) for fourteen measures. Oh the word “do,” the child who is pushing the swing runs under it to the next set of children. Repeat as many times as desired, changing positions until everyone has had a turn in each position.

*Note:* The balance: The two children with both hands joined step LOD and close the rear foot to the forward one, then reverse. The child who is pushing steps forward right, then back on the left. All keep in time to the music, “Balance, 2, 3; back, 2, 3.”

The poem is from Robert Louis Stevenson's *A Child's Garden of Verse*.