

THE SCHOTTISCHE

LS E-14 (Cowboy Schottische)

Although the schottische originated in Western Europe, it, like the waltz and the two-step, has become a traditional step in American folk dance, and some variations are indigenous to America.

Formation: Couples in a double circle, inside hands joined, boys on inside, girls on outside, facing LOD.

THE BASIC STEP

Meas. (4 counts per meas.; i.e., 1-2 = 8 counts)

1- 2 Beginning with boy's left foot and girl's right, move forward with a step, step, step, hop; step, step, step, hop; (The action is on the ball of the foot, and it is almost a slow run; the hop is on the same foot as the third step.) **3- 4** Step-hop, step-hop; step-hop, step-hop; still moving forward. (Beginning with boy's left foot and girl's right.)

Practice this until the 1, 2, 3, hop and the step-hop, step-hop have become second nature; then add the variations.

Variation No. 1

1- 2 Step, step, step, hop; step, step, step, hop; moving forward. **3- 4** Join both hands with partner and with four step-hops turn once around, clockwise.

Variation No. 2

1- 2 Letting go of hands and moving away from each other, step to the

side, behind, side and swing the free foot over in front of the other; repeat moving back to the center and joining inside hands.

3- 4 Four step-hops forward.

Variation No. 3

1- 2 Step, step, step, hop; step, step, step, hop; moving forward

3- 4 With four step-hops turn away from each other in small individual circles, finishing with inside hands joined again.

Any of these variations may be repeated or combined. Students may enjoy making up their own.

HORSE AND BUGGY SCHOTTISCHE

Formation: Two couples, one behind the other, with inside hands joined, and with outside hands joined with the outside hands of the person ahead or behind. Sets may form a big circle or dance at random around the hall

1- 2 Step, step, step, hop; step, step, step, hop; moving forward.

3- 4 On the four step-hops, the lead couple releases inside hands and partners turn away from each other, going around behind the second couple, where they join hands again. Do not release the outside hands.

The other couple is now the lead couple and will separate and turn back on the next step-hop sequence.