

THE PATTY CAKE POLKA

A circle mixer in 2/4 time.

Record: LS 228-45, 149-78

Formation: Couples in a large circle around the room, in closed dance pos, man's back to COH, woman facing man with her back to wall.

Introduction: 4 meas, wait.

Measures

1-4 HEEL, TOE; HEEL, TOE; SLIDE-CLOSE, SLIDE-CLOSE; SLIDE-CLOSE, SLIDE, TOUCH

Using opp feet (man's L, woman's R), touch the heel out to the side, then bring the toe back close to the supporting foot; repeat the heel and toe; step swd on the L in LOD and close the R to it, and repeat; repeat meas 3, except that the last close becomes a touch, ready to take weight on the closing foot.

5-8 HEEL, TOE; HEEL, TOE; SLIDE-CLOSE, SLIDE-CLOSE; SLIDE-CLOSE, SLIDE, TOUCH

Repeat meas 1-4 in RLOD (moving to man's R and woman's L).

9-12 PATTY-CAKE RIGHT; PATTY-CAKE LEFT; PATTY-CAKE BOTH; PATTY-CAKE DOWN

Letting go hands, clap R hands together 3 times (one and two); repeat with L hands; clap both hands across 3 times (L to R, and R to L), and on the final "and" count of this meas, clap your own hands together; slap both hands on your own knees three times.

13-16 POLKA ON TO THE NEXT AND; STAMP (softly),
STAMP, STAMP

Unhooking elbows and each traveling to the L, do a third polka step (L, close, L, hop L) (woman, R, close, R, hop R); coming face-to-face with the next person, do three light stamps in place (R, L, R) and take closed pos to repeat the routine.

This is rather fast time for a true polka hop. Study to delay the hop until the very end of the meas, making it come just before the beginning of the next two-step.