

## LANCASH BARN DANCE

**Record:** LS E-35, Side A. Track 1, instrumental; track 2, brief cues Mixer Formation: Double circle, facing partners, about 6 feet apart, ladies facing COH, men facing the wall. **ACTIONS and EXPLANATIONS Counts:1- 8 ALL FORWARD AND STAMP THEN BACK AND CLAP** – All dance towards partner with 3 steps and a stamp, then back away 3 steps, and clap own hands twice.

**9-16 FORWARD AND STAMP, BACK AND CLAP** – Repeat 1-8.

**17-24 RIGHT HAND TURN** – Using pigeon-wing grip (fingers up, elbows down), all turn partners with right hands once around and back away into starting position.

**25-32 LEFT HAND TURN** – Pigeon-wing again, this time turning with left hands around, backing away as before.

**33-40 TWO HAND TURN** – Partners join both hands with hands about shoulder high for the shorter partner and arms slightly curved or bent outward at the elbows. Then turn CW once around each other, backing away as always.

**41-48 DO SA DO PARTNERS AND PROGRESS TO LEFT** – All do sa do partners and while backing away move to own left to face a new partner to begin again. Dance goes through four

times, then repeat counts 1-16 and bow to that partner.

*Note: This is a 48 count (24 measure) dance, known to many as  
Lancastershire Barn Dance.*