

THE DORIS WALTZ

Record: LS 152

Position: Side by side in the Varsouvianna pos, with their R hands joined in front of her R shoulder, and their L hands joined in front of his L shoulder. They both start on the L foot and use the same footwork throughout, except for the waltzing when she changes to her opposite foot. Four measures of introduction.

Measure:

1-2 FORWARD AND BACK

Swaying slightly they rock fwd on the L, swinging the R as much as they please; and back on the R, with a slight swing of the L foot.

3-4 FORWARD AND CHANGE

They rock fwd again on the L, and on the third beat of the meas, turning lightly on the toe of the L foot, they put down the R foot close to it, and a little more than at R angles with it. And on the next beat of the meas, step firmly behind on the L foot, having turned completely around and now facing in the other direction with the lady on the man's L.

5-6 FORWARD AND BACK

They now rock fwd and back again as in the first two meas, but this time fwd on the R foot and back on the L.

7-8 FORWARD AND TURN

They rock fwd again on the R foot, and on the third beat close the L to it, the man turning twd the lady, and pulling with his L hand and crossing completely over her head with his R, turning her around twd him. Then, on the next beat, he steps R again, and holds this beat, while he continues turning with his hands until she is completely face to face

with him, with their hands crossed between them. She in the meantime has finished her turning, and is facing him, but she is standing on her R foot.

9-12 AWAY, TOGETHER, AWAY, TOGETHER

Dropping L hands and holding each other only with their R, they both rock bwd for a meas on their L feet, fwd on their R, bwd on their L, and fwd on their R, turning slightly around the circle between them in a CW dir.

13-16 WALTZ FOR FOUR MEASURES

They waltz for four meas, turning R-face. They begin on the man's L foot and the lady's R, which means that she must put in an extra little step on her L before the waltz in order to be ready. At the end of the four measures of the waltz she must slip in another little step to be ready to start in step with her partner on the repetition of the dance.

Variation of the first verse.

For the first eight measures, whenever desired, it is possible to put in a little variation of the first verse. It goes as follows:

Measures:

1-2 FORWARD AND BACK

The same as above.

3-4 VARSOUVIANNA STEPS TO THE LEFT

In a regular Varsouvianna step they both step L, R, L, on the first measure, changing the woman from the man's R to his L side; and point the R to the floor on the second meas, but do not take wt on it. (They are facing in the same dir)

5-6 The same as Meas 1-2 but beginning with the R foot this time.

7-8 VARSOUVIANNA AND FACE EACH OTHER

They do a Varsouvianna to the R (by stepping R, L, R, and

changing the woman from the man's L to his R side, and on the second meas pointing with the L), and the man turns the woman L face during this, by raising his R hand over her head, and they finish facing each other, pointing with their L, and ready to start with this L on the next passage.

Or some couples do just the first verse without the rocking section, simply going directly into the waltz for the next eight measures. Some put the rocking section (away, together, away, together) on one verse and not on the other. In other words, dance it exactly as it pleases you best.